

Upward Soccer @ VC Family Fall 2026 FAQ

Q. When are practice days and times?

A. Practice days and times will be determined closer to the season once the teams have been assigned. Practices are held Monday-Thursday between the times of 4PM-7PM. Each team practices once a week for 1 hour a week.

Q. When and where are games?

A. All games and practices will be held at VC Family's campus at 3180 Rancho Rd, Redding, CA 96002. Games are on Saturdays between 8AM-1PM. Once the teams are created the game schedule will be released.

Q. When does registration end?

A. The last day to register is August 2, 2026.

Q. If I have multiple kids in different age groups, will they be practicing on the same night?

A. We try our best to accommodate families practicing on the same night; however, due to scheduling constraints this is not always a possibility.

Q. If I volunteer to coach, will my child be on my team?

A. Yes, if you volunteer to coach, your child will be placed on your team. Please reach out to us at snichols@vcfamily.org to make sure your child gets placed on your team.

Q. Can I request to be with a certain coach or team?

A. No, due to the number of participants and scheduling constraints we are unable to accommodate individual requests. For further questions regarding this please reach out to us at snichols@vcfamily.org

Q. When are the first and last games of the season?

A. The first game of the season is September 12, 2026, and the last game is October 31, 2026.

Q. If I volunteer, will I need to complete a Live Scan Background check?

- A. Only certain types of volunteers will be asked to complete the Live Scan background check. Head and Assistant Coach's over the age of 18 must complete a background check. This will come at no expense to the volunteer. Once a coach has registered, we will provide information on the process to complete the Live Scan.

Q. How are the age divisions broken up?

A. Our divisions are broken up as follows:

- TK/Kinder/4 and 5 year olds
- 1st/2nd grade
- 3rd/4th grade
- 5th-7th grade
- 8th-12th grade